

# LONDON GYMNASTICS

## GfA Deductions and Rules Booklet



<b>FLOOR JUDGING</b>			
<b>Artistry Deductions Throughout (BOYS &amp; GIRLS)</b>			
Insufficient variation of tempo / rhythm	0.1	0.3	
Lack of Expression	0.1		
Lack of Confidence	0.1		
Lack of range of moves/skills within the routine	0.1	0.3	
Insufficient use of Floor area according to height	0.1	0.3	
<b>Specific Floor Deductions</b>			
Missing A, B, C, D or E move			0.5
Wrong move for level			0.5
Touch of hair/ leotard (each)	0.1		
Music and movement not in harmony (GIRLS)	0.1	0.3	
Lack of variety of transitions (BOYS)	0.1	0.3	
Missing Composition Requirement (CR)			0.5
Out of bounds with one hand or foot	0.1		
Land out of floor boundary or both feet/hands out		0.3	
Routine Overtime		0.3	
No music (GIRLS L4 OR HIGHER)			0.5
Not ending in time with music (GIRLS)	0.1		
Coaching from the side (verbal or visual cues)		1.00	
<b>Execution Deductions (each time)</b>			
Bent arms or bent knees	0.1	0.3	0.5
Balance / Flexibility (Group 2) not held for 2 secs		0.3	
Leg or knee separations	0.1	0.3	
Insufficient height of elements	0.1	0.3	
Insufficient split in dance elements	0.1	0.3	
Incomplete turns /twists	0.1	0.3	
Insufficient tuck/pike/stretch	0.1	0.3	
Body Alignment	0.1		
Feet not pointed/loose	0.1		
<b>Landing Faults (each time)</b>			
Landing from tumbles (step)	0.1	0.3	
Trunk movements to maintain balance	0.1	0.3	
Extra Steps up to 0.8	0.1		
Very large step or jump		0.3	
Deep squat			0.5
Touching Apparatus or floor			0.5
All falls		1.00	

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<b>General Vault Judging</b>				
Support from Coach	3.00 mark deduction from final score			
Coach leaning on / touching apparatus	1.00 mark deduction from final score			
If a gymnast runs & stops (without touching the springboard or equipment) they may have one additional run up.				
If a gymnast makes an error and scores a zero on BOTH vaults, if time allows, they will be allowed to go again BUT their score will not count.				
<b>FIRST FLIGHT PHASE</b>				
Incomplete turn	0.1	0.3	0.5	
Hip Angle	0.1	0.3		
Arch	0.1	0.3		
Bent Knees	0.1	0.3	0.5	
Leg or knee separation	0.1	0.3		
<b>REPULSION PHASE</b>				
Staggered/alternate hand placement	0.1	0.3		
Bent Arms	0.1	0.3	0.5	
Shoulder Angle	0.1	0.3		
Touch with one hand				1.00
Failure to pass through vertical		0.3		
<b>SECOND FLIGHT PHASE</b>				
Lack of height	0.1	0.3	0.5	1.00
Incomplete turn	0.1	0.3		
Insufficient length (distance)	0.1	0.3	0.5	
Bent Knees	0.1	0.3	0.5	
Leg or knee separation	0.1	0.3		
<b>LANDING FAULTS</b>				
Extra Steps each time	0.1			
Very large step (guideline – 1 metre) each		0.3		
Extra arm swings	0.1			
Additional trunk movements to maintain balance	0.1	0.3		
Body posture fault	0.1	0.3		
Deep squat		0.3	0.5	
Deviation from centre line	0.1			
Brushing apparatus with hands/arms			0.5	
Support on mat or apparatus with 1 or 2 hands				1.00
Fall on mat to knees or hips				1.00
Dynamics	0.1	0.3	0.5	
Fall on or against apparatus				1.00
<b>INVALID VAULTS</b>				
Vault not on list for Level	Void score 0.0			
Run past vault but with touch of springboard	Void score 0.0			
No touch on vault table / Vault / Block	Void score 0.0			
Incomplete vault	Void score 0.0			
Not landing feet first	Void score 0.0			

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<b>Vault Judging</b>				
Vault Judging for the Straight Jump onto Block				
Run Up				
Slows before reaching Springboard	0.1	0.3		
Run up springboard	0.1	0.3		
Double Bounce		0.3		
Body Shape on springboard		0.3		
Arm swing	0.1	0.3		
Stop on springboard		0.3		
Jump from Springboard				
Lack of height		0.3		
Body Shape	0.1	0.3		
Bent Knees	0.1	0.3	0.5	
Legs apart	0.1	0.3	0.5	
Feet not stretched	0.1	0.3		
Position of arms	0.1	0.3		
Lack of control	0.1	0.3		
Landing on Block				
Deviation from straight line	0.1	0.3		
Body shape	0.1	0.3		
Arm position	0.1	0.3		
Arm swing to maintain balance	0.1	0.3		
Deep squat	0.1	0.3		
Feet apart	0.1	0.3		
Extra steps	0.1	0.3		
Fall				1.00
Dismount from Block				
Deviation from straight line	0.1	0.3		
Body shape	0.1	0.3		
Arm position	0.1	0.3		
Arm swing to maintain balance	0.1	0.3		
Deep squat	0.1	0.3		
Feet apart	0.1	0.3		
Extra steps	0.1	0.3		
Fall				1.00

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<b>Vault Judging for the Handspring Flat Back</b>				
60cm / 100cm safety landing modules				
First Flight				
Hip Angle	0.1	0.3	0.5	
Arch	0.1	0.3		
Legs Separated	0.1	0.3		
Knees Bent	0.1	0.3	0.5	
Shoulder Angle	0.1	0.3	0.5	
Repulsion				
Shoulder Angle on Contact	0.1	0.3		
Lack of Repulsion	0.1	0.3	0.5	
Bent Arms	0.1	0.3	0.5	
Second Flight				
Failure to maintain straight body position	0.1	0.3	0.5	
Landing				
Failure to maintain shape on landing	0.1	0.3		
Arms not held straight and by ears	0.1	0.3		
General				
Insufficient dynamics	0.1	0.3	0.5	
Lack of body tension in any phase	0.1	0.3	0.5	
Legs separated	0.1	0.3	0.5	
Knees Bent / toes not pointed (each)	0.1	0.3	0.5	
Bent arms	0.1	0.3	0.5	

- Shape on flatback landing can be straight and tight or slightly dished and tight. No arches. Judges should be looking for body control throughout.

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### Pin thresholds at levels 3-6

<b>Pin thresholds</b>				
	<b>Level 3</b>	<b>Level 4</b>	<b>Level 5</b>	<b>Level 6</b>
Minimum floor score required	8.5	14.00	14.25	14.5
Maximum floor score possible	10.0	16.0	16.0	16.0
Execution (out of 10.0) – Level 3 only				
Execution (out of 10.0) / Moves (out of 4.0) / CRs (out of 2.00) – Levels 4-6				
Minimum vault score	10.2	10.8	11.4	12.0
Maximum vault score	As tariff			
<p>Details about the transition from previous levels to the new ones is set out on page 2 of the new GfA Levels Booklet.</p>				

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### Appeals

<b>Jury of Appeal</b>
In the event that an appeal or complaint is made regarding a gymnasts' start value (D Score Only) coaches must follow the following procedure:
1 - Fill out an Appeals form and hand this into the Judging Convener with £10.00 cash before the change over in the rotation. Forms available from the control desk
2 - The Judge Convenor will discuss your appeal with the judges concerned and look at the video evidence from the scoring system (if available). If other video evidence is available, the coach may put forward ONE other piece of evidence only
3 - If the appeal is seen to be correct then the score will be changed and the appeal fee will be returned to the coach
<b>Please note:</b> a gymnasts' score will not be changed unless the above have been upheld

### Appeal form

<b>Appeal form</b>	
Gymnast's name:	
Gymnast's number:	
Gymnast's club:	
Coach's name:	
Gymnast's panel:	
Competition level:	
Apparatus:	
Reason for appeal:	
Response:	
Head judge signature:	
Original score:	New score:
Judge convener signature:	
£10.00 received / returned	

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### **GfA JUDGES CHARTER (Information for Clubs and Judges)**

1. It is important that all clubs wishing to be involved in London GfA Competitions provide a judge who is qualified to at least, Level 1 Judging courses. Club and Regional level (and above) qualified judges in other disciplines may also be acceptable at our competitions.
2. Clubs must nominate a named judge or judges for each weekend of competition in which they are entering gymnasts.
3. Nominations of judges are part of the Competition Entry system – it is the club's responsibility to ensure that their judges are listed on the BG system.
4. Clubs must ensure that the Judges are aware that they will be required for the whole weekend. Only in exceptional circumstances will judges be able to be nominated for just one day of a weekend, and this can only be done following discussion with, and agreement by, the Judges' Convener.
5. It is clubs responsibility to ensure that their named Judge is fully aware of the dates and times for which they have been nominated.
6. Any club that does not have a nominated judge available for the whole weekend in which they have competitors will be fined £200.00 per day of competition.
7. The list of all judges will be circulated to clubs and judges, where appropriate. Clubs have a duty to pass this information on to their Coaches and Judges.
8. Judges wishing to withdraw and/or change their rota must inform the Judges' Convener within two days of receiving the list, taking into account the following:
  - Where a nominated judge withdraws from the published programme and cannot be replaced by the club, then that club will be fined £200.00 per day of competition. If a club arrives on the day of competition without a judge and cannot pay the levy immediately the will not be permitted to compete.
  - Exceptional circumstances for withdrawals will be taken in consideration.

### **JUDGES**

1. You must arrive in good time for the Judges' Meeting and be wearing appropriate attire and shoes.
2. You must behave professionally at all times, this includes not making audible comments or making facial expressions about a gymnast's performance.
3. If a coach, gymnast or volunteer approaches you with regard to a score, do not enter into a discussion, but refer them to the Head Judge for your Panel.
4. Be pleasant to all competitors, other judges and volunteers - a smile costs nothing.
5. Before leaving the arena at the end of the day, check with the Judges' Convener that is correct for you to do so.
6. Judges who do not abide by the Charter risk not being eligible to judge at future competitions